



## **The People's Project: Housing First is the belief that all people deserve to be housed**

**People sleeping rough is a complex issue but it can be solved when communities and agencies work together; when people work together. This is happening in Hamilton through The People's Project.**

George never wanted to live on the streets. His benefit had stopped because he'd missed his appointments with WINZ, he had no money and he didn't know how to get help or who he could turn to.

*"I lived on the streets for about 12 months. I didn't like it. I was getting in to trouble. I was eating out of the rubbish bins because I didn't have any money.*

*"I was isolating myself but I didn't know how to get a place, I didn't know how to get help. I was sleeping outside the church but I'd have to leave early in the morning before people showed up."*

George said it was a stroke of luck that he found **The People's Project** while hanging out in Victoria Street in Hamilton. George's situation, along with 80 other people, was the starting point of a bigger conversation in the Hamilton community. Everyone was concerned about the growing number of homeless people in the city.

### **We're better when we work together**

This conversation sparked the catalyst for a city-wide call-to-action named **The People's Project**; an initiative that has brought agencies and services together to work towards ending homelessness in Hamilton by the end of 2016.

Key organisations such as the Wise Group, Waikato DHB's mental health and community alcohol and drug services, Hamilton City Council, Ministry of Social Development, Police, Corrections, Pinnacles Midlands Health Network, Child, Youth and Family, Housing New Zealand, Hamilton Central Business Association, and Te Puni Kōkiri have all put up their hands in willingness to help end homelessness in Hamilton, along with many other social services organisations.

**The People's Project** uses the Housing First model which has been successful in Canada, the USA and the United Kingdom. It is based on evidence that when you house people first, then align the support services they need to be successful in their lives, the cycle of homelessness stops. Wise Group chief executive Julie Nelson said Housing First makes perfect sense, saves money and is an internationally proven approach. She also said it fits well into a wider system of care.

*"While we adopted Housing First and are seeing tremendous success, we must see this as part of the wider system of care in our community where everyone is doing their piece in the efforts to end homelessness."*

## Housing First then wrap-around services

Services are coordinated from **The People's Project** office in Garden Place in central Hamilton. The space is a central hub where the many agencies involved work together, and directly, with homeless people.

For everyone **The People's Project** works with the priority is to move them quickly into appropriate housing. The person is then connected with wrap-around services to address the issues that led to their homelessness, such as support for primary health, mental health, drug and alcohol services, debt or support to find a job.

For George, **The People's Project** turned his life around. *"They have helped me a lot. They helped me get my own place. They put me in touch with the right people. They helped me sort out the trouble I was having with WINZ. I used to drink a lot but I don't now. I used to smoke dope but I don't anymore. They got me in contact with a doctor and helped me get help with alcohol and drugs,"* George said.



*The People's Project is co-ordinated from a central city hub in Garden Place*

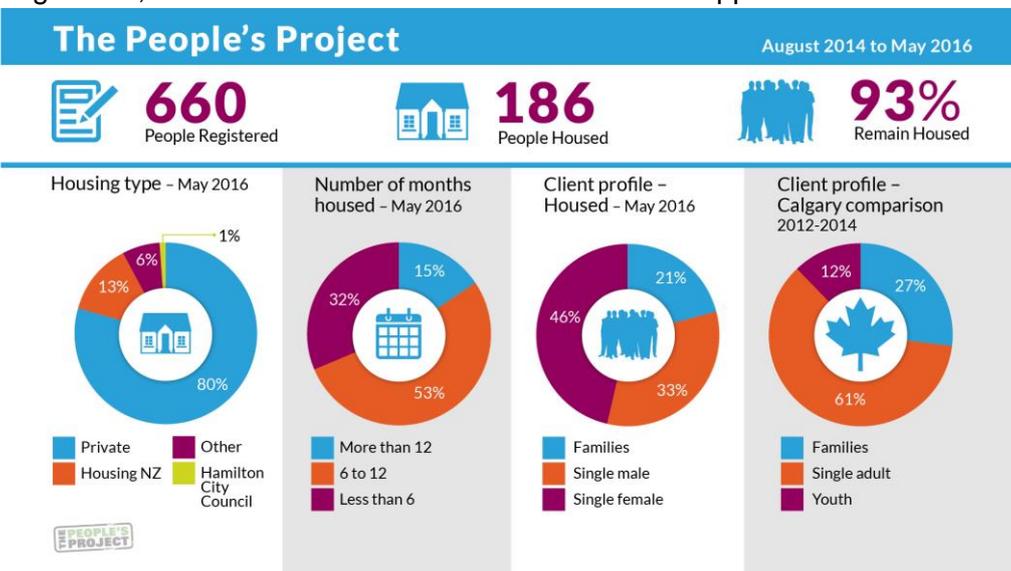
Julie adds that people shouldn't underestimate the impact having a home has on people.

*"It is so much more than a roof over their heads. Being without a home can start a snowball effect that can completely degrade a person's self-worth.*

*"Project staff often comment about how having a roof over someone's head instantly changes their demeanor. It's physical. People hold their heads up higher, as if they're happy to be seen, instead of often wanting to be invisible. It's wonderful to witness,"* Julie said.

## Compelling data, transformational results

Since starting in 2014, 660 people have registered with **The People's Project**, including families. Of those registered, 186 have been housed and another 146 supported to seek their own housing solutions.



The majority of people have been housed in the private sector (80 per cent), with 13 per cent through Housing New Zealand, six per cent through Keys Social Housing and one per cent through pensioner housing.

Julie said almost all (93 per cent) of the people that the project has worked with have retained their accommodation; with 13 per cent now housed for 12

months or longer (29 people), 53 per cent between 6-12 months (99 people) and 32 per cent have been in their new homes for less than six months (58 individuals and families).

## Ending homelessness – not managing it

There is a growing trend among homeless services around the world to end homelessness rather than manage it. **The People's Project** is working at multiple levels to achieve this in Hamilton.



*“Our frontline staff have the necessary skills to support people in some complex situations. Alongside this we’re working at a governance level to change the system, create solutions and make housing for vulnerable people a priority,”* Julie said.

The **People's Project** will continue to work with people in a way that prioritises their humanity, acknowledges their problems, wraps support around them and guides them towards safety, employment, good health and independence from the system.

For George, life is looking pretty sweet right now.

***Rangitahi were some of the first people to be assisted by the project***

he’s looking forward to getting back into work as a labourer when his shoulder injury heals. In the meantime he is working casually with a roading firm and loving it. He also tries to help others by pointing them in the direction of Garden Place so that they can get the same help **The People's Project** to start again, like he did.

*“I’ve got my own place now. I know who to get in contact with if I need help. And I’m staying away from the wrong crowds.”*