

# WELLBEING AND WELFARE CONTACTS

## HEALTH



Free confidential helpline  
speak to a trained counsellor  
24/7 call or text **1737**

Call 24/7 with your COVID-19  
health-related concerns  
**0800 3585453**

### OTHER OPTIONS:

Your family doctor for advice  
and information

Emergencies 111

Police non-emergencies 105

Child health

**Plunketline 0800 933 922**

Mental health related concerns  
**0800 166 167**

## GOVERNMENT HELPLINE

If you're not sure what assistance  
there may be available, you don't  
know who to contact to help you, or  
you'd like more information

**0800 Government Helpline** on  
**0800 779 997**  
(9am-5pm 7 days a week)

### **Civil Defense Taupo**

Taupo District Council,  
41 Delany Drive , Taupo

## LOCAL SUPPORT



TUWHARETOA WHANAU ORA



Neighbourhood Support  
Taupo **07 376 1601**

email **nstaupo@actrix.co.nz**

Address:  
Taupo Police Station

Storey Place Taupo

Citizens Advice Bureau  
**07 3784253**

Tuwharetoa Whanau Ora  
**07 3842882** or 07 3847576

email **tgireception@thct.co.nz**

Address:  
107 Tamamutu Street, Taupo

Address:  
66 Paora Hapi Street, Taupo

Salvation Army Taupo

**07 3784142**

Address:  
**2 Kiddle Drive, Taupo**

## FINANCIAL SUPPORT



Work and Income  
**0800 559 009**

Address Ground Floor/ 77  
Heuheu Street, Taupo

## EDUCATION



Ministry of Education  
**07 3761870**

Address:  
29 Totara Street, Taupo

## ANIMAL WELFARE



SPCA  
**07 3784396**

Address:  
131 Centennial Drive, Taupo